

REHABILITATION COUNSELING PSYCHOLOGY • biomedical
communications • clinical nutrition • emergency medicine
education • health care sciences • medical laboratory sciences •
physical therapy • physician assistant studies • prosthetics-
orthotics



REHABILITATION COUNSELING PSYCHOLOGY

■ ACTING CHAIR

Gerald Casenave, Ph.D.

■ CHAIR, GRADUATE PROGRAM

Cheryl H. Silver, Ph.D.

■ DEGREE OFFERED

Master of Science

FACULTY AND ACADEMIC INTERESTS

C. Munro Cullum, Professor

Ph.D., University of Texas at Austin, 1986
Adult neuropsychology; aging and dementia; recovery from neurologic insult.

Robert J. Gatchel, Clinical Professor

Ph.D., University of Wisconsin, 1973
Health psychology and behavioral medicine; psychophysiology of stress and emotion; clinical application of stress-management techniques; assessment and treatment of chronic pain disability.

Carroll W. Hughes, Professor

Ph.D., University of Missouri, 1973
Psychosocial rehabilitation of individuals with chronic mental illness; childhood, adolescent and adult depression and diagnosis.

Cheryl H. Silver, Professor

Ph.D., University of Texas at Austin, 1986
Pediatric neuropsychology; learning disability and ADHD assessment.

Gerald Casenave, Clinical Associate Professor

Ph.D., UT Southwestern Medical Center, 1990
Economics of disability; philosophy of psychology; chronic pain; psychology and spirituality; clinical ethics.

Jacqueline Stephens, Assistant Professor

Ph.D., University of North Texas, 1983
Integrated health care (mental health in primary care); medical family therapy; organizational consulting.

Bobbie Vash, Assistant Professor

M.Ed., Texas A&M University, Commerce, 1981
Psychosocial adjustment of individuals with chronic physical/mental health issues; adjustment to loss.

Taylor Ninman, Faculty Associate

M.S., UT Southwestern Medical Center, 2005
Adjustment to disability; cognitive and personality assessment.

Anna Silberkraus, Faculty Associate

M.S., Texas Tech University, 2005
Adjustment to disability; personality disorders.

■ SPECIAL FACULTY

Marty Lumpkin, Clinical Associate Professor

Ph.D., Texas Tech University, 1971
Psychotherapy.

Ted Asay, Clinical Assistant Professor

Ph.D., Brigham Young University, 1984
Group psychotherapy.

H. Steven Carter, Clinical Assistant Professor

M.S., UT Southwestern Medical Center, 1983
Vocational evaluation.

Cara Holmes, Clinical Assistant Professor

Ph.D., UT Southwestern Medical Center, 2003
Human development.

Jean-Claude Wakim, Clinical Assistant Professor

Ph.D., UT Southwestern Medical Center, 1993
Individual, marital and family therapy; psychological assessment; medical/psychological consultation.

Richard Balkin, Clinical Instructor

Ph.D., University of Arkansas, 2003
Counseling theories and techniques; research methodology; psychological and educational statistics.

Yolanda Kraynick, Clinical Instructor

Ph.D., UT Southwestern Medical Center, 1998
Cultural diversity.

Skye Moffit, Clinical Instructor

Ph.D., UT Southwestern Medical Center, 2004
Psychological assessment.

Steve Krebaum, Consult Liaison

Ph.D., UT Southwestern Medical Center, 1998
Cognitive behavioral therapy.

OBJECTIVES

The program leading to the M.S. in rehabilitation counseling psychology offers the opportunity for students to learn the concepts and skills needed in vocational and adjustment

counseling for people with disabilities. Rehabilitation counseling specialists work in a variety of settings, often assisting those with physical and psychosocial disabilities achieve their highest level of adjustment. They are involved in client/consumer assessment, counseling and guidance, obtaining medical and training services, and placement in the work environment. Many rehabilitation counselors are employed with state and federal rehabilitation agencies, rehabilitation centers, employment services, prisons, hospitals, clinics, welfare offices, educational facilities, and in research settings. The program offers opportunities for interested students to specialize in counseling individuals with disabilities related to chronic pain, brain injury, dementia, epilepsy, cancer and psychiatric disorders. Opportunities for specialization in neuropsychological assessment also exist.

The graduate program is designed to offer students the opportunity to learn the relevant theory and basic skills important to the profession of rehabilitation counseling psychology: 1) rehabilitation history; 2) psychological assessment; 3) counseling theory and techniques; 4) behavioral approaches to personality change; 5) personality dynamics and theory; 6) occupational information and vocational appraisal; 7) community organization and resources; 8) cultural diversity; and 9) family and group interventions.

Practicum and internship sites and research projects can be organized to enhance basic course work. Students can orient their training toward people with severe disabilities, including head injury, psychiatric illness and developmental disabilities. Faculty members with neuropsychology expertise also help guide research projects and develop skills in these growing areas.

An administrative link exists between this graduate program and the Clinical Psychology doctoral program on this campus. As a result, there is access to certain psychology course work and faculty.

■ ACCREDITATION

The Rehabilitation Counseling Psychology Program is fully accredited by the Commission on Rehabilitation Education (CORE). A special effort

has been made to offer, whenever possible, course work in areas of study relative to certification as a rehabilitation counselor and to certification as a psychological associate and/or a licensed professional counselor in the state of Texas.

FACILITIES

In addition to the medical center campus facilities, students may elect various internship experiences within special facilities in the Dallas area. For example, students may see clients/consumers from the Department of Assistive and Rehabilitative Services and the Parkland Health & Hospital System.

The Department of Rehabilitation Counseling of UT Southwestern Allied Health Sciences School maintains space and equipment to teach counseling and assessment skills. The department also operates the University Rehabilitation Service, a comprehensive vocational rehabilitation facility that provides a locus for the practicum and internship phases of the program. It provides a range of rehabilitation diagnostic and treatment services to people with disabilities in the Dallas/Fort Worth area. These include psychological evaluation, neuropsychological evaluation, psychological counseling and psychosocial skills training services.

As a university-based rehabilitation facility, the URS also serves as a clinical training facility for advanced students in rehabilitation counseling psychology and a research facility for developing, implementing and studying the effectiveness of various innovative rehabilitation evaluation protocols and behavior change/counseling modalities. In addition, a pediatric neuropsychology service provides training and research opportunities.

Practicum and internship students provide services under the supervision of faculty and are involved in seminars and case conferences on a regular basis. The program facilitates the professional practice of rehabilitation counseling psychology on this campus and enhances the integration of service, teaching and research. It also offers opportunities to create links with various departments of UT Southwestern Medical

School and UT Southwestern Allied Health Sciences School.

Research under way includes investigations of effective consumer-counselor interactions in vocational rehabilitation, supportive community networks for people with mental illness, the prediction of successful rehabilitation of chronic disability from low-back pain and neuropsychological functioning in older adults and in children with learning disabilities.

REQUIREMENTS FOR ADMISSION

Applicants should have an undergraduate major in the behavioral sciences, such as psychology, sociology or gerontology; education and business administration are also acceptable. The applicant is required to demonstrate proficiency in basic statistics prior to admission. Individual exceptions will be judged by the department.

The Admissions Committee uses a number of criteria in evaluating applicants:

- 1) High-order intellectual abilities, with particular emphasis on those skills necessary for counseling and psychological practice;
- 2) Good academic background in psychology, counseling and rehabilitation-related courses;
- 3) Personal suitability for a career in rehabilitation counseling psychology as evidenced by ability to relate to others, warmth, empathy and a sincere interest in psychological processes;
- 4) Motivations, expectations and career aspirations congruent with the nature of this program;
- 5) Successful experience in rehabilitation, counseling and/or psychology-related activities.

In addition, in order to maximize inclusiveness, the committee will consider applicants whose backgrounds reflect socioeconomic hardship, successful prior careers in another field, and significant research or work experience.

Applicants are evaluated on a competitive basis. Efforts are made to assemble a group of students with the goal of producing professionals equipped to serve our changing communities effectively. All admissions are subject to approval

by the dean of UT Southwestern Graduate School of Biomedical Sciences.

There are two minimum requirements that must be met to be considered for admission to this program:

- 1) A bachelor's degree or its equivalent from an accredited institution in the United States or proof of equivalent training at a foreign university;
- 2) Satisfactory grades (generally a minimum overall grade-point average of 3.0) in undergraduate and graduate course work.

In addition, the applicant must submit the score on the Graduate Record Examination Aptitude Test and request that the GRE scores be sent directly to the Admissions Office. The code number for UT Southwestern Medical Center is R6686-0.

Applicants must have taken the GRE within five years preceding the expected date of enrollment in the graduate school. GRE scores older than five years will not be accepted unless the applicant has recently been engaged in graduate study at this or another university.

The deadline for submitting completed applications is July 1; however, it is to the advantage of the applicant to apply earlier as classes may fill. Applications are accepted as early as the preceding Nov. 1. Students are admitted to the program only in the fall term.

CURRICULUM

The following is an outline of courses for the two-year curriculum. Limited substitution of courses may be made with prior permission of the Graduate Studies Committee. Elective courses are offered, and the student may take electives from other area institutions with prior permission of the Graduate Studies Committee. A minimum of 60 credit hours is required for a degree even if a student has advanced standing. The order of courses is subject to change.

■ FIRST YEAR

FALL	HOURS
RCP 5311 The Profession of Rehabilitation Counseling Psychology: Issues and Practice	3

RCP 5312	Psychopathology	3
RCP 5310	Introduction to Assessment	3
RCP 5335	Counseling Theory and Techniques	3

SPRING

RCP 5093	Seminar in Rehabilitation: Counseling Theories and Techniques	2
RCP 5332	Occupational Information, Vocational Analysis and Placement	3
RCP 5240	Introduction to Group Counseling Techniques in Rehabilitation	2
RCP 5201	Human Development	2
RCP 5337	Research Methods and Techniques in Rehabilitation	3

SUMMER

RCP 5202	Counseling Family Systems	2
RCP 5233	Techniques of Assessment and Evaluation	2
RCP 5203	Medical/Psychological Aspects of Disability	2
RCP 5098	Thesis Research	3

■ **SECOND YEAR**

FALL **HOURS**

	Theories and Methods of Cognitive-Behavioral Therapy*	3
RCP 5090	Internship in Rehabilitation Counseling Psychology	4
RCP 5098	Thesis Research	3

SPRING

RCP 5093	Social and Cultural Issues in Rehabilitation Counseling Psychology	3
RCP 5090	Internship in Rehabilitation Counseling Psychology	4
RCP 5098	Thesis Research	3

SUMMER

RCP 5090	Internship in Rehabilitation Counseling Psychology	4
RCP 5098	Thesis Research	3

*See Clinical Psychology in the *UT Southwestern Graduate School of Biomedical Sciences Catalog* for course description.

COURSE DESCRIPTIONS

**5201 HUMAN DEVELOPMENT
2 SEMESTER HOURS**

This course provides the foundation for under-

standing normal child, adolescent and adult development. Emphasis is placed on determinants of cognitive and personality factors that can impact the rehabilitation process.

**5202 COUNSELING FAMILY SYSTEMS
2 SEMESTER HOURS**

This course provides a survey of important theories and models relating to interventions with families. Emphasis is placed on the family system and on the reciprocal interactions within the system that can affect the rehabilitation process.

**5203 MEDICAL/PSYCHOLOGICAL ASPECTS OF DISABILITY
2 SEMESTER HOURS**

This course introduces medical and psychological terminology and practices in rehabilitation. It offers a survey of body systems, basic functions, therapeutic services and restorative techniques. It also examines the psychological effects illness has on function and poor function has on the individual.

**5310 INTRODUCTION TO ASSESSMENT
3 SEMESTER HOURS**

This course introduces the concepts of assessment and evaluation and defines the elements of a comprehensive psychological evaluation for the purpose of guiding the rehabilitation process. Clinical interviewing is presented, along with the use of the mental status examination and behavioral observation. Testing of intelligence and basic academic achievement are covered in this course.

**5311 THE PROFESSION OF REHABILITATION COUNSELING PSYCHOLOGY: ISSUES AND PRACTICE
3 SEMESTER HOURS**

This course offers students an orientation to the field of rehabilitation counseling, including a survey of history, philosophy, counseling and economics of the system. Students study the process of rehabilitation, the goals and objectives of the professional organizations, the code of ethics, the standards of preparation, and certification. Techniques of using community resources for rehabilitation service delivery such as counseling, evaluation, work adjustment and job placement are surveyed.

Prerequisite: consent of instructor.



**5312 PSYCHOPATHOLOGY
3 SEMESTER HOURS**

This course outlines the etiological, emotional and behavioral characteristics in syndromes of psychopathology. Included is a discussion of treatment and prognosis for independent functioning.

Prerequisites: consent of instructor and the Graduate Studies Committee.

**5313 MEDICAL ASPECTS OF DISABILITY
3 SEMESTER HOURS**

This course is an introduction to medical terminology and practices and a survey of body systems, basic functions, common malfunctions, therapeutic services, restorative techniques and disability evaluation.

Prerequisite: consent of instructor.

**5332 OCCUPATIONAL INFORMATION,
VOCATIONAL ANALYSIS AND PLACEMENT
3 SEMESTER HOURS**

Information presented in this course covers areas of vocational history and the structure of society; career and/or occupational choice processes,

career development, and decision and exploration techniques; analysis of skills and physical or emotional demands; job analysis, job modification and placement; resources of occupational and/or educational information; and practice in communicating the world of work in group and individual counseling. Gaining skill and field experience in job placement techniques are emphasized.

Prerequisite: consent of instructor.

**5233 TECHNIQUES OF ASSESSMENT AND
EVALUATION
2 SEMESTER HOURS**

This course introduces group and individual tests of intelligence, aptitude, interest and personality. Students may administer and score tests under supervision to gain experience in observational methods.

Prerequisites: consent of instructor and the Graduate Studies Committee.

**5335 COUNSELING THEORY AND TECHNIQUES
3 SEMESTER HOURS**

This course is a study of historical and current approaches to individual counseling with application to the field of rehabilitation. Students have the opportunity to develop basic counseling skills used in exploring, understanding and taking action on client problems.

Prerequisites: consent of instructor and the Graduate Studies Committee.

**5336 COUNSELING TECHNIQUES IN
REHABILITATION
3 SEMESTER HOURS**

This course presents applied techniques and tape analysis of counseling skills used in exploring, understanding and developing courses of action for rehabilitation client problems.

Prerequisite: Counseling Theory and Techniques.

**5337 RESEARCH METHODS AND TECHNIQUES IN
REHABILITATION
3 SEMESTER HOURS**

This course is a review of basic statistics and their application to behavioral sciences. Research design and methodology are presented, offering students the opportunity to develop individual

research projects during the semester. The use of research findings also is stressed.

Prerequisite: consent of instructor.

5240 INTRODUCTION TO GROUP COUNSELING TECHNIQUES IN REHABILITATION
2 SEMESTER HOURS

This course introduces principles of group process and techniques of group counseling. The course offers students an opportunity to develop skills in group leadership, problem resolution and vocational exploration.

Prerequisite: Counseling Theory and Techniques or permission of instructor.

5341 BIOFEEDBACK AND STRATEGIES OF SELF-REGULATION
3 SEMESTER HOURS

This course is a survey of the biological basis of behavior, rationale and application of self-regulation procedures, including biofeedback, relaxation, imagery and behavior modification strategies. The basics of biofeedback instrumentation, including EMG, thermal, GSR and EEG, are discussed. Relevant applications and research findings are described.

Prerequisites: consent of instructor and the Graduate Studies Committee.

5242 PSYCHOLOGY OF ADJUSTMENT TO DISABILITY
2 SEMESTER HOURS

This course surveys psychological principles underlying personal adjustment to disability with emphasis on client needs, conflicts and adjustment mechanisms. The reactions and adjustments to illness and disability of normal people are stressed.

5343 SOCIAL AND CULTURAL ISSUES IN REHABILITATION COUNSELING PSYCHOLOGY
3 SEMESTER HOURS

Studies of change, ethnic groups, subcultures, sexism and changing roles of women in American society are discussed. Emphasis is placed on concepts of social change, adaptation and future trends in the American social structure. The impact of social issues on rehabilitation counseling practice also is emphasized.

Prerequisite: consent of instructor.

5352 DIRECTED READINGS IN REHABILITATION
3 SEMESTER HOURS

This special course offers students the opportunity to pursue, under faculty guidance, academic work not available in other courses.

Prerequisite: consent of instructor.

5061 PRACTICUM IN REHABILITATION

This practicum includes supervised individual interviewing and counseling, participation in case conferences and client staffings, an introduction to case-management techniques, and the evaluation of vocational potential.

Prerequisite: consent of instructor.

5391 INDEPENDENT STUDY
3 SEMESTER HOURS

This course offers an intensive study of a selected topic or problem in rehabilitation with critical reference to appropriate literature.

Prerequisite: permission of the Graduate Studies Committee.

5090 INTERNSHIP IN REHABILITATION COUNSELING PSYCHOLOGY

Students are offered the opportunity to do supervised fieldwork in a selected rehabilitation facility. The internship experience may include counseling, case studies, contacts with community social agencies, and the vocational training and placement of clients with disabilities.

Prerequisite: admission to candidacy.

5093 SEMINAR IN REHABILITATION

This course includes reading, reports and discussion of special areas of rehabilitation. May be repeated for credit.

Prerequisite: consent of instructor.

COUNSELING THEORIES AND TECHNIQUES:

This seminar presents applied rehabilitation theory and techniques for exploring, understanding and developing courses of action for consumer concerns.

5094 RESEARCH IN REHABILITATION

This course offers students the opportunity to conduct laboratory or field research under supervision of a faculty member.

5096 SPECIAL TOPICS

Contemporary topics in rehabilitation counseling are presented by special arrangement. Students also may elect to conduct an in-depth investigation of an area of research or professional interest on an independent study basis.

5098 THESIS RESEARCH