

Name of Intervention	Rikers Health Advocacy Program (RHAP)
Based on Behavioral and Social Science Theory(ies)	Problem Solving Therapy
Summary of Intervention	<p>RHAP is an intervention that consists of four twice-weekly, one hour small group sessions focusing on health education issues relevant to male adolescent drug users, with emphasis on HIV/AIDS. Six to eight inmates participate in each group, which are facilitated by a male counselor guided by a written curriculum. The general topics addressed are: general health knowledge, including the meaning and implications of HIV/AIDS; factors leading to initiation and continuance of drug abuse; the personal, social, economic and health consequences of drug abuse; varieties, meanings, and consequences of sexual behavior; the relationships of drug use and sexual behavior to AIDS and ways to reduce AIDS risk; and how to seek health services, social services and drug abuse treatment in the community.</p> <p>The facilitator guides discussion using techniques drawn from Problem-Solving Therapy. These include problem orientation; problem definition and formulation; generation of alternative solutions; decision-making; and solution implementation.</p>
Clearly Defined Audience	Incarcerated minority male drug users, 16-19 years of age
Goals and Objectives of the Intervention	<p>Goal(s): To decrease the high rates of HIV risk behaviors among incarcerated adolescent males in jail</p>
Risk Behaviors the Intervention Focuses on	<ul style="list-style-type: none"> <li>• Substance use</li> <li>• No or inconsistent condom use for anal, oral, and vaginal sex</li> <li>• Multiple high risk sexual partnerships</li> </ul>
Factors Influencing Behaviors (FIBs)/ Behavioral Determinants	<ul style="list-style-type: none"> <li>• Knowledge (lack)</li> <li>• Perceived susceptibility (low)</li> <li>• Attitudes (negative)</li> <li>• Self-efficacy (low)</li> <li>• Substance use</li> <li>• Environmental facilitators (lack of access to condoms)</li> <li>• Intentions</li> <li>• Group norms</li> </ul>
Core Elements	<b>Unknown</b>

Setting	Correctional or detention facility
Duration	Four sessions; two 1-hour group sessions each week; with about 6-8 participants in each session
Provides Opportunities to Practice Relevant Skills	<ul style="list-style-type: none"> <li>• Group discussion</li> <li>• Role-play and rehearsal activities</li> <li>• Problem definition and formulation</li> <li>• Generation of alternative solutions</li> <li>• Practice decision-making</li> </ul>
Outcomes	Those who participated in the program were more likely to use condoms during intercourse, increase positive attitudes towards condoms, and possibly decrease high-risk sexual partnerships compared to those who did not participate in the program. However, other sexual risk variables and substance use were unchanged.
Type of Intervention	GLI

Journal Citation(s):

Magura, S., Kang, S., Shapiro, J.L., (1994). Outcomes of intensive AIDS education for male adolescent drug users in jail. *Journal of Adolescent Health*, 15(6), 457-463

Contact:

Program Archive on Sexuality, Health, and Adolescents (PASHA)  
Sociometrics Corporation  
170 State Street, Suite 260  
Los Altos, CA 94022-2812  
Phone: 650.949.3282  
Fax: 650.949.3299  
E-mail: [socio@socio.com](mailto:socio@socio.com)