

## Typical SEP Day

- ◆ Arrived at school at around 8:50 am, to be in the lecture hall at 8:55 am.
- ◆ Classes began promptly at 9 am with Anatomy lecture. Class was given in the MS1 lecture hall, during which we shared class time with current PA, PO and PT students. Notes were taken on the provided syllabi and questions were asked at the end of lecture.
- ◆ At around 10 am, class was dismissed, usually followed by a 5-minute break. During this time, the SEP students gathered and proceeded to a smaller classroom setting, where a TA (a rising MS2 student) awaited to start Biochemistry class.
- ◆ This class lasted around 2 hours, with a 10-minute break in between. Usually, 2 lectures would be covered per day, and weekly quizzes were given at the end of the week.
- ◆ Lunch break started at 12 pm. Depending on the schedule for that day, a student could have a 1 or 3-hour break based on the student's assigned Anatomy lab group (Group 1 started at 1 pm, Group 2 started at 3 pm). Students in Group 1 would finish lab time at 3 pm, at which time they could go home or study at the library. Group 2 students began lab at 3 pm and finished at 5 pm.
- ◆ Anatomy laboratory consisted of a TA (a rising MS2) pointing out structures pertaining to that day's Anatomy lecture, followed by a 15-minute "pimp session" at the end of lab. During these pimp sessions, the TA would go around the group asking each student to identify a certain structure reviewed that day.
- ◆ SEP afternoons were FAB! Students usually decompressed and, for a couple of hours, reviewed the day's material. SEP evenings were wonderful opportunities to study and get ahead several lectures and be well-prepared for quizzes and exams. SEP evenings were also invaluable for "learning" Dallas.

Enjoy your summer,  
SEP 2006 participants